




FEBRUARY 2011



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>*** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES</p> | | <p>1 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 11:00 Advanced Computer Class 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:30 Bingo (MW) 3:15 Games with Suzy (MW) 7:00 Movie (T)</p> | <p>2 GROUNDHOG DAY 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:00 JETS (JCC) 1:15 Crosswords (MW) 1:30 Bible Study (Weston Library) 2:30 Bill Levy Presents: Martin & Lewis Part I (T) 3:30 Arts and Crafts (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p> | <p>3 10:00 Exercise Video (T) 10:00 Yoga with Donna Marie (CR) 11:00 Current Events (MH) 1:15 Short Hills Mall (Trip) 1:15 Adult Ed Series: A Brilliant Madness: American Experience - John Nash (T) 2:30 Arts! By the People: Fine Arts Class (MW) 7:00 Movie (T)</p> | <p>4 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (CR) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 2:15 Arts! By the People: Fun with Poetry (MH) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 5:00 P.M. </p> | <p>5 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T)</p> <p>Havdalah: 6:02 P.M. </p> |
| <p>6 10:00 Exercise Video (T) 1:30 Bingo (MW) 3:15 Wii Games (WG) 3:30 Entertainment: Jason Craig Sings (MH) 6:30 Super Bowl Party (T)</p>  | <p>7 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:15 Karaoke (MH) 2:30 Move Today Fitness Class (T) 3:15 HouseCalls Presentation: Medication Interactions (MH) 7:00 Jack McCoy's World Update (MH)</p> | <p>8 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 11:00 Advanced Computer Class 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:30 Bingo (MW) 3:15 Games with Suzy (MW) 7:00 Movie (T)</p> | <p>9 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:00 JETS (JCC) 1:15 Crosswords (MW) 3:30 David Azarch's Meditative Drumming Circle (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p> | <p>10 10:00 Exercise Video (T) 10:00 Yoga with Donna Marie (CR) 11:00 Current Events (MH) 1:15 Short Hills Mall (Trip) 1:15 Adult Ed Series: Yoo-Hoo, Mrs. Goldberg (T) 2:30 Arts! By the People: Fine Arts Class (MW) 7:00 Movie (T)</p> | <p>11 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (CR) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 2:15 Arts! By the People: Art with Sarah (Mw) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 5:09 P.M. </p> | <p>12 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Trivial Pursuit (MW) 7:00 Movie (T)</p> <p>Havdalah: 6:10 P.M. </p> |
| <p>13 10:00 Exercise Video (T) 1:00 Dinner & Movie (Trip) 1:00 Pet Therapy (LW) 1:30 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Entertainment: Dance and Sing with David (MH)</p> | <p>14 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:15 Errands (Trip) 2:30 Move Today Fitness Class (MH) 3:30 Word Games (MW) 7:00 Movie (T)</p> | <p>15 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 11:00 Advanced Computer Class 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:30 Bingo (MW) 3:15 Games with Suzy (MW) 7:00 Movie (T)</p> | <p>16 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:00 JETS (JCC) 1:15 Crosswords (MW) 1:30 Bible Study (Weston Library) 2:30 Bill Levy Presents: Martin & Lewis Part II (T) 3:45 Your Dental Health (T) 7:00 Bingo (MH) 7:00 Movie (T)</p> | <p>17 10:00 Exercise Video (T) 10:00 Yoga with Donna Marie (CR) 10:30 Errands (Trip) 11:00 Current Events (MH) 1:15 Mall (Trip) 1:15 Adult Education: Chaim Lauer Presents You Are What You Eat (MH) 2:30 Arts! By the People: Fine Arts Class (MW) 7:00 Movie (T)</p> | <p>18 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (CR) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 2:15 Judy Ebright Presents: Black Artists: Art & Photography (T) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 5:17 P.M. </p> | <p>19 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Bananagrams (MW) 7:00 Movie (T)</p> <p>Havdalah: 6:18 P.M. </p> |

FEBRUARY 2011

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>20</p> <p>10:00 Exercise Video (T)</p> <p>1:30 Bingo (MW)</p> <p>3:15 Wii Games (WG)</p> <p>3:30 Arts & Crafts (MW)</p> <p>7:00 Movie (T)</p> | <p>21</p> <p>PRESIDENTS DAY</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MH)</p> <p>10:30 Errands (Trip)</p> <p>1:15 Supermarket (Trip)</p> <p>1:30 Ethics Discussion (MH)</p> <p>2:30 Move Today Fitness Class (MH)</p> <p>3:30 Word Games (MW)</p> <p>7:00 Jack McCoy's World Update (MH)</p> | <p>22</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>11:00 Trip</p> <p>11:00 Advanced Computer Class</p> <p>1:00 Beginner Computer Class</p> <p>1:15 Livingston Shoprite (Trip)</p> <p>1:30 Bingo (MW)</p> <p>3:30 Games with Suzy (MW)</p> <p>7:00 Movie</p> | <p>23</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MW)</p> <p>11:00 JETS (JCC)</p> <p>1:15 Crosswords (MW)</p> <p>2:00 Arts! By the People: Fine Arts Class (MW)</p> <p>3:30 David Azarch's Meditative Drumming Circle (MW)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p> | <p>24</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Yoga with Donna Marie (CR)</p> <p>10:30 Errands (Trip)</p> <p>11:00 Current Events (MH)</p> <p>1:15 Adult Ed Series: The Carter Family: American Experience (T)</p> <p>3:00 Weston Resident Council Meeting (MW)</p> <p>7:00 Movie (T)</p> | <p>25</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>10:45 Arts! By the People: Creative Writing Class (CR)</p> <p>11:00 Pathmark (Trip)</p> <p>1:15 Dancing with Donna Marie (MH)</p> <p>1:15 Morris Plains Shoprite (Trip)</p> <p>2:15 Arts! By the People: Art with Sarah (MW)</p> <p>7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 5:25 P.M. </p> | <p>26</p> <p>9:30 Shabbat Services (C)</p> <p>10:00 Armchair Exercise (MW)</p> <p>2:00 Shabbat Study Group (C)</p> <p>3:15 Rummikub (MW)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 6:26 P.M. </p> |
| <p>27</p> <p>9:30 J-Teen MetroWest and Lester Cooking Class (MW)</p> <p>10:00 Exercise Video (T)</p> <p>1:00 Dinner & Movie (Trip)</p> <p>1:30 Bingo (MW)</p> <p>3:15 Wii Games (WG)</p> <p>3:30 Arts & Crafts (MW)</p> <p>7:00 Movie (T)</p> | <p>28</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MH)</p> <p>10:30 Errands (Trip)</p> <p>1:15 Supermarket (Trip)</p> <p>2:30 Move Today Fitness Class (T)</p> <p>3:15 HouseCalls Presentation: Private or Agency Pros & Cons (MH)</p> <p>7:00 Entertainment: Violinist Tom Aalfs (MH)</p> | <p>*** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES ***</p> | | | | |

LEGEND:

Chapel (C)
 Fitness Center (F)
 Heller Card Room (CR)
 Heller Lobby (LH)
 Heller Multi-Purpose Room (MH)

Theater (T)
 Weston Game Room (WG)
 Weston Lobby (LW)
 Weston Multi-Purpose Room (MW)

