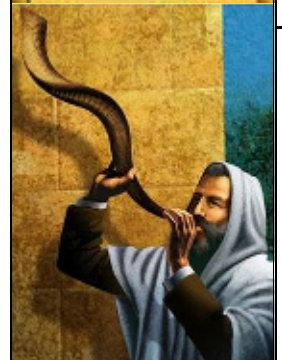


October 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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***** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES**

1
 9:30 Shabbat Services (C)
 2:00 Shabbat Study Group (C)
 7:00 Movie (T)

 Havdalah:
 7:22 P.M.



2
TZOM GEDALIAH
 10:00 Exercise Video (WG)
 11:00 Newark Cemetery Visiting Day
 11:00 Melissa and Friends Perform (MW)
 1:00 Pet Therapy (LW)
 1:30 Bingo (MW)
 3:15 Nintendo Wii Games (T)
 3:45 Arts & Crafts (MW)
 7:00 Movie (T)

3
 10:00 Exercise Video (WG)
 10:30 Exercise with Cindy (MW)
 1:15 Word Games (MW)
 2:30 Mah Jong & Card Games (MW)
 7:00 Jack McCoy's World Update (T)

4
 10:00 Exercise Video (WG)
 1:00 Tai Chi (MW)
 11:00 Arts! By the People: The World of Photographs (CR)
 11:00 Beginner Computer Class
 1:30 Bingo (MW)
 3:15 Discussion With Dolly (T)
 7:00 Good Reads Movie (T)


5
 10:00 Exercise Video (WG)
 10:00 Special Day Trip: Jersey Gardens Outlet Mall
 10:30 Exercise with Cindy (MW)
 1:30 Arts! By the People: Fine Arts Class (MW)
 2:30 Bill Levy Presents: Beyond Gene & Fred Part III (T)
 3:30 David's Drumming Circle (MW)
 7:00 Movie (T)

****IL Tenants must sign up for in-house Flu Shots by Today**

6
 10:00 Exercise Video (WG)
 10:00 Yoga with Donna Mari (CR)
 11:00 Current Events (T)
 11:30 4th Molly Burack Lecture: "Astonishment" (W.O. JCC)
 1:15 Crosswords (MW)
 2:15 Adult Ed Series: The Power of Art: Rothko (T)
 3:00 Good Reads (T)
 3:30 Arts & Crafts: Sukkah Decorations (MW)
 7:00 Bingo (MW)
 7:00 Movie (T)

7
EREV YOM KIPPUR KOL NIDRE
 10:00 Exercise Video (WG)
 10:00 Tai Chi (MW)
 10:45 Arts! By the People: Creative Writing Class (CR)
 1:15 Dancing with Donna Marie (CR)
 2:00 Arts! By the People: Hip Hop Healing (MW)

 Please refer to High Holiday schedule for further information

 Shabbat candle lighting: 6:14 P.M. 

8
YOM KIPPUR

 Please refer to High Holiday schedule for further information

 Havdalah:
 7:11 P.M.



9
 10:00 Exercise Video (WG)
 1:00 Pet Therapy (LW)
 1:30 Bingo (MW)
 3:15 Nintendo Wii Games (T)
 3:45 Arts & Crafts (MW)
 7:00 Entertainment: Jim Cuthbert Performs (MH)


10
COLUMBUS DAY
 9:30 Exercise with Cindy (MW)
 10:00 Exercise Video (WG)
 1:15 Word Games (MW)
 2:15 Sing Along with Stella (MH)
 3:30 Decorate the Sukkah
 7:00 Heller Tenant's Association Meeting (MH)
 7:00 Movie (T)



11
 10:00 Exercise Video (WG)
 10:00 Tai Chi (MH)
 11:00 Arts! By the People: The World of Photographs (CR)
 11:00 Beginner Computer Class
 1:30 Bingo (MW)
 3:15 Discussion With Dolly (MH)
 7:00 Dancing with Donna Marie (MH)


12
EREV SUKKOT
 10:00 Exercise Video (WG)
 10:30 Exercise with Cindy (MH)
 10:45 Hebrew Academy of Randolph Sukkah Party with Lester (Sukkah)
 1:30 Arts! By the People: Fine Arts Class (MW)
 3:15 Yoga with Donna Marie (CR)

 Please refer to High Holiday schedule for further information

 Yom Tov candle lighting: 6:06 P.M. 


13
SUKKOT

 Please refer to High Holiday schedule for further information

 Yom Tov candle lighting: 7:03 P.M. 

14
SUKKOT

 Please refer to High Holiday schedule for further information

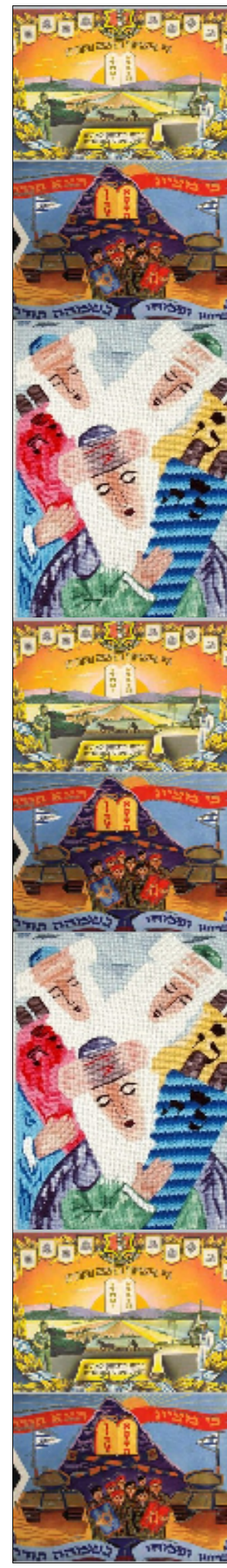
 Shabbat & Yom Tov candle lighting: 6:03 P.M. 







15
CHOL HAMOED SUKKOT
 9:30 Shabbat Services (C)
 2:00 Shabbat Study Group (C)
 7:00 Movie (T)

 Havdalah:
 7:00 P.M.



October 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 CHOL HAMOED SUKKOT 10:00 Exercise Video (WG) 1:00 Movie & Dinner Trip 1:30 Bingo (MW) 3:15 Nintendo Wii Games (T) 3:45 Arts & Crafts (MW) 7:00 Movie (T)	17 CHOL HAMOED SUKKOT 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MH) 1:15 Yoga with Donna Marie (CR) 1:15 Word Games (MW) 2:15 Sing Along with Stella (MH) 3:30 Dynamics with Dolly (MH) 7:00 Entertainment: Jason Craig Performs (MH)	18 CHOL HAMOED SUKKOT 10:00 Exercise Video (WG) 10:00 Tai Chi (MH) 11:00 Arts! By the People: The World of Photographs (CR) 11:00 Beginner Computer Class 1:30 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Dancing with Donna Marie (MH)	19 HOSHANA RABBAH 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MH) 1:30 Arts! By the People: Fine Arts Class (MW) 2:30 Bill Levy Presents: Beyond Gene & Fred Part IV (T) 3:30 David's Drumming Circle (MW) ** GET YOUR FLU SHOT TODAY Yom Tov candle lighting: 5:55 P.M. 	20 SHEMINI ATZERET <div style="border: 1px solid black; padding: 10px; text-align: center;"> Please refer to High Holiday schedule for further information </div> Yom Tov candle lighting: 6:53 P.M. 	21 SIMCHAT TORAH Shabbat candle lighting: 5:52 P.M. 	22 9:30 Shabbat Services (C) 2:00 Shabbat Study Group (C) 7:00 Movie (T) Havdalah: 6:50 P.M. 
23 10:00 Exercise Video (WG) 1:30 Bingo (MW) 3:15 Nintendo Wii Games (T) 3:45 Arts & Crafts (MW) 7:00 Entertainment: George Tuzzeo Plays Keyboard and Sings (MH)	24 9:30 Exercise with Cindy (MW) 10:00 Exercise Video (WG) 10:30 Brush Up Your Yiddish (MH) 1:15 Word Games (MW) 2:30 Trivia with Sameer (MW) 7:00 Jack McCoy's World Update (MH)	25 10:00 Exercise Video (WG) 10:00 Tai Chi (MW) 11:00 Arts! By the People: The World of Photographs (CR) 11:00 Beginner Computer Class 1:30 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Dancing with Donna Marie (MH)	26 10:00 Exercise Video (WG) 10:00 Special Day Trip 10:30 Exercise with Cindy (MH) 1:00 Heller Birthday Party (MH) 1:30 Arts! By the People: Fine Arts Class (MW) 3:15 Travels with Bernie: Portugal (T) 7:00 Movie (T)	27 10:00 Exercise Video (WG) 10:00 Yoga with Donna Marie (CR) 11:00 Current Events (MH) 1:00 Weston Birthday Party 1:15 Weston Resident Council (MW) 3:00 Movie with a Message (T) 7:00 Movie with a Message (T)	28 10:00 Exercise Video (WG) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (CR) 11:00 Advanced Computer Class 1:15 Dancing with Donna Marie (MH) 2:00 Arts! By the People: Hip Hop Healing (MW) 3:30 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 5:42 	29 9:30 Shabbat Services (C) 2:00 Shabbat Study Group (C) 7:00 Movie (T) Havdalah: 6:41 P.M. 
30 10:00 Exercise Video (WG) 1:00 Movie & Dinner Trip 1:30 Bingo (MW) 3:15 Nintendo Wii Games (T) 3:45 Arts & Crafts (MW) 7:00 Entertainment: Dance and Sing with David (MH)	31 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MW) 11:00 HouseCalls Presentation: MaryAnn Discusses Cold v. Flu (MH) 1:15 Word Games (MW) 2:30 Men's Club (MW) 7:00 Judy Ebright Presents Pissarro's People (T)	LEGEND: Chapel (C) Fitness Center (F) Heller Card Room (CR) Heller Lobby (LH) Heller Multi-Purpose Room (MH) Theater (T) Weston Game Room (WG) Weston Lobby (LW) Weston Multi-Purpose Room (MW)				