



Winter

By Bea Freiheiter

I love the feel of snow falling on my face,
And the lacy patterns that it makes.

It covers the ground like a white quilt,
With gentle slopes that twist and tilt.

It is a winter wonderland, so admire and rejoice,
Its deafening silence is its only voice.

But soon spring will awake, while winter goes to sleep,
And nary a sound will be heard, not even a peep.

So please have patience with the seasons, they fly by so fast,
Before you know it spring will awaken with a blast.



THE LESTER SENIOR HOUSING COMMUNITY

903 - 905 ROUTE 10 EAST

WHIPPANY NJ 07981

973-929-2700

WE'RE ON THE WEB WWW.JCHCORP.ORG

**THE LESTER SENIOR
HOUSING COMMUNITY**
905 ROUTE 10 EAST
WHIPPANY NJ 07981
973-929-2700
WE'RE ON THE WEB
WWW.JCHCORP.ORG

INSIDE THIS ISSUE:

BIRTHDAYS

NOTES &
REMINDERS

FOR YOUR
INFORMATION

ADMINISTRATOR'S
CORNER

NEW RESIDENT
WELCOMES

FYI

CREATIVE WRITING
CORNER

Pictured: (Clockwise from the top left corner) Herman Pineless and Josef Bryn having fun playing Dreidel with Hebrew school students from B'nai Israel in Florham Park; Jack Baumgarten, Sylvia Siman, and Randy Grossberg in deep competition playing Dreidel with B'nai Israel students; Bea Freiheiter and Estelle Berger show off their Dreidel spinning skills to students; Rose Gilbert and Margarete Meyer review the rules of the game with students; Pre-K children from Collinsville Child Care (next door at the JCC) dance the Hora for Lester; Lester residents listening to Collinsville children sing Chanukah songs

The Lester Chronicle

January 2011

Chanukah at Lester

Chanukah started the evening of December 1st this year, just after we finished our delicious Thanksgiving! Here at Lester Senior Housing, we had some wonderful Chanukah celebrations. Lots of kids came to visit us, singing Chanukah songs, playing Dreidel with us, and feeding us lots of Latkes. Below are some highlights of the eight days of Chanukah, and Lester's celebration of the "Great Miracle that Happened There".





Administrator's Corner

January 2011

It's a new year! This past month sure was a busy one, let alone the past year! In December we enjoyed the many Chanukah parties that took place almost daily during the recent holiday. This month, the calendar is filled with many great programs and events. On Monday January 3rd, come to the Weston Multi-Purpose Room to hear David Azrach's Meditative Drumming Circle. The following evening at 7:00, Pearl Witkin will discuss 'The Importance of Abraham's Lineage'. On Monday the 17th, Dr. Martin Luther King Jr. Day, there will be a relevant Ethics Discussion. On the 18th, we'll be entertained by Julian - The Man of 1000 Voices. On the 20th, we'll have a special celebration of Tu B'shevat at 11AM. I encourage all residents to review the calendar and make an effort to participate in the activities and trips. The programs are most successful and entertaining when there is a large turnout and good participation.

am pleased to share. Firstly, the installation of the high-intensity lights and camera system on the roof of our building is underway and is expected to wrap up in the next few weeks. Also, we have unfortunately not been able to secure a snow-removal company to provide personal snow removal of Heller resident cars. We have tried contacting many snow-removal companies to no avail. As such, if you require assistance with snow removal, you will have to arrange for this service on your own. I apologize that we could not make this service available this year and hope to be successful with this next year.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,
Alex Gross
Administrator

The following are a few brief updates I



New Resident Welcomes

- Dorothy Rosen Apt. 107**
- Pauline Shapiro Apt. 205**
- Evelyn Gold Apt. 208**
- Stuart & Hannah Tanenbaum Apt. 301**

To all of Lester's new residents we would like to wish you a warm welcome, and *Bruchim Ha Ba'im*

BIRTHDAYS

- Richard Schwarz**
- Jack Wolfsie**
- Harry Domb**
- Hannah Tenenbaum**
- Doris Eisen**
- Rachel Berger**
- Beatrice Sterinbach**
- Arnold Hammer**
- Lillian Kessler**
- Helen Stone**
- Roslyn Handler**
- Irving Kaufman**

To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.



Good Reads

This month will present:
"Sarah" the Life of Sarah Bernhardt
by Robert Gottlieb
"Great House" by Nicole Krauss

Monday, January 31st at 3 P.M.
For more information contact
Shirley Saland



The Almond Tree

The Almond Tree has blossomed
And the Sun is Shining brightly
Birds from every roof-top
Welcome the arrival of the Holiday
Tu B'Shvat is here the celebration of the Trees



HaShekadiah Porachat
VeShemesh Paz Zorachat
Tzipporim Me'Rosh kol Gag
Mevasrot et Bo HaChag
Tu B'Shvat Hegiah Chag L'Ilanot

Greetings from Dining Services

Hello Residents!

The winter chill is upon us and we have to be prepared for venturing outdoors this season. A very important task is making sure we all take our daily vitamins and eat vitamin rich foods and fresh fruits and vegetables, and don't forget to eat our delicious soups! By accomplishing this type of Dietary regimen, you can help with your body maintenance and immune systems to fight the upcoming cold and flu season.

The Dining Services Department will provide our community with traditional holiday fare and festivities that invoke past memories and pleasures from years gone by. In the coming New Year, we

should all strive to be a little more tolerant of our neighbors and friends. My staff and I will try to make this holiday experience the most pleasurable and enjoyable for all the years to come. Happy New Year to all our residents and families. If you have any questions or concerns about Dining Services please call me at (973) 929-2737.

Mitchell Goldberg
Regional Director of Dining Services
Jewish Community Housing Corporation of
Metrowest NJ

Announcement:

Do you have something you want to share with all of Lester Senior Housing? A poem, an editorial, a joke, a quote? All of this and any other thoughts that you want all of Lester to know about can quickly and easily be shared in the Lester Chronicle. Submit your work by the 20th of the month and it may be published!

Questions? Call Jessica - (973) 929-2731
We look forward to hearing from You!

Announcement:

Are you a leader? Do you like to spend time with friends and neighbors? If you have time on your hands, and looking for something to do, why not be a Lester Volunteer? Help lead programs like crossword puzzles, card games, Bingo, and more! Have an idea for a new program? Become a Lester Volunteer and you can learn how to make that idea happen.

Call Jessica to learn more! (973) 929-2731