



SEPTEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES</p>						
			<p>1</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Exercise with Cindy (MW)</p> <p>10:30 New JCHC Policy Review (MH)</p> <p>1:15 Crosswords (MW)</p> <p>1:30 Bible Study (MH)</p> <p>2:30 Bill Levy Presents: Unforgettable Movie Animals Part I (T)</p> <p>3:30 Arts Unbound (MW)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>2</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Donna Marie's Yoga (MH)</p> <p>10:00 Creative Arts with Kristen (MW)</p> <p>11:00 Current Events (MH)</p> <p>1:15 Adult Education Series: Eleanor Roosevelt: The American Experience Part I (T)</p> <p>2:00 New JCHC Policy Review (MH)</p> <p>7:00 Movie (T)</p>	<p>3</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>10:45 Arts! By the People: Creative Writing Class (MW)</p> <p>11:00 Pathmark (Trip)</p> <p>1:15 Morris Plains Shoprite (Trip)</p> <p>1:15 Dancing with Donna Marie (MH)</p> <p>1:30 Canasta with Roz (CR)</p> <p>2:00 Scrabble (CR)</p> <p>2:15 Arts! By the People : Poetry Presentation (MH)</p> <p>7:15 Shabbat Services (C)</p>	<p>4</p> <p>9:30 Shabbat Services (C)</p> <p>10:00 Armchair Exercise (MW)</p> <p>2:00 Shabbat Study Group (C)</p> <p>3:15 Rummikub (MW)</p> <p>7:00 Movie (T)</p>
<p>5</p> <p>10:00 Exercise Video (T)</p> <p>1:00 Dinner & Movie (Trip)</p> <p>2:00 Bingo (MW)</p> <p>3:15 Wii Games (WG)</p> <p>3:30 Arts & Crafts (MW)</p> <p>7:00 Movie (T)</p>	<p>6</p> <p style="text-align: center;">LABOR DAY</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MH)</p> <p>10:30 Errands (Trip)</p> <p>11:00 Creative Arts with Kristen (MW)</p> <p>1:15 Supermarket (Trip)</p> <p>2:45 Word Games (MW)</p> <p>7:00 Labor Day Movie: The Grapes of Wrath (T)</p>	<p>7</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>11:00 Trip</p> <p>1:00 Beginner Computer Class</p> <p>1:15 Century 21 Morristown (Trip)</p> <p>1:45 Bingo (MW)</p> <p>2:00 Advanced Computer Class</p> <p>3:15 Discussion with Dolly (MW)</p> <p>7:00 Dancing with Donna Marie (MH)</p>	<p>8</p> <p style="text-align: center;">EREV ROSH HASHANAH</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MW)</p> <p>1:15 Crosswords (MW)</p> <p>1:30 Bible Study (Heller Library)</p>	<p>9</p> <p style="text-align: center;">ROSH HASHANAH</p>	<p>10</p> <p style="text-align: center;">ROSH HASHANAH</p>	<p>11</p> <p style="text-align: center;">SHABBAT SHUVAH</p> <p>9:30 Shabbat Services (C)</p> <p>10:00 Armchair Exercise (MW)</p> <p>2:00 Shabbat Study Group (C)</p> <p>3:15 Trivial Pursuit (MW)</p> <p>7:00 Movie (T)</p>
<p>Please Refer to High Holiday Schedule</p>						
<p>12</p> <p style="text-align: center;">TZOM GEDALIAH FAST OF GEDALIAH</p> <p>10:00 Exercise Video (T)</p> <p>2:00 National Assisted Living Week Kick Off: David Aaron Trio performance (Lobby)</p> <p>3:15 Bingo (MW)</p> <p>7:00 Bill Levy Presents: Humor to Combat Stress (T)</p>	<p>13</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MW)</p> <p>11:00 Housecalls Presentation: The Art of Longevity (MH)</p> <p>11:15 Errands (Trip)</p> <p>1:15 Sing Along with Stella (MH)</p> <p>3:15 Word Games (MW)</p> <p>7:00 Heller Tenants' Association Meeting (MH)</p> <p>7:00 Movie (T)</p>	<p>14</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>11:00 Trip</p> <p>1:00 Beginner Computer Class</p> <p>1:15 Livingston Shoprite (Trip)</p> <p>1:45 Bingo (MW)</p> <p>2:00 Advanced Computer Class</p> <p>7:00 Movie (T)</p>	<p>15</p> <p>10:00 Exercise Video (T)</p> <p>10:30 Exercise with Cindy (MH)</p> <p>11:00 JETS (JCC)</p> <p>1:15 Crosswords (MW)</p> <p>1:30 Bible Study (MH)</p> <p>2:30 Bill Levy Presents: Unforgettable Movie Animals Part I (T)</p> <p>3:30 Arts Unbound (MW)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>16</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Creative Arts with Kristen (MW)</p> <p>11:00 Current Events (MH)</p> <p>1:15 Adult Education: Eleanor Roosevelt: The American Experience Part I (T)</p> <p>3:00 Weston Resident Council (MW)</p> <p>7:00 Jack McCoy's World Update (MH)</p>	<p>17</p> <p style="text-align: center;">EREV YOM KIPPUR KOL NIDRE</p> <p>10:00 Exercise Video (T)</p> <p>10:00 Tai Chi (MH)</p> <p>10:45 Arts! By the People: Creative Writing Class (MW)</p> <p>11:00 Pathmark (Trip)</p> <p>1:15 Morris Plains Shoprite (Trip)</p> <p>1:15 Dancing with Donna Marie (MH)</p> <p>1:30 Canasta with Roz (CR)</p>	<p>18</p> <p style="text-align: center;">YOM KIPPUR</p>
<p> National Assisted Living Week</p>			<p> Please Refer to High Holiday Schedule</p>			

SEPTEMBER 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Exercise Video (T) 1:00 Pet Therapy (LW) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Movie (T)	20 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:30 Ethics Discussion (MH) 3:15 Word Games (MW) 7:00 Movie (T)	21 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 1:00 Weston Birthday Party 1:00 Beginner Computer Class 1:45 Bingo (MW) 2:00 Advanced Computer Class 7:00 Movie (T)	22 EREV SUKKOT 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 10:45 Kids Cookies & Concert: Party in the Sukkah 12:45 Heller Birthday Party (MH) 1:15 Dancing with Donna Marie (MH) 2:00 Dynamics with Dolly (MH)	23 SUKKOT FIRST DAY OF FALL	24 SUKKOT	25 CHOL HAMOED SUKKOT 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Bananagrams (MW) 7:00 Movie (T)
Please Refer to High Holiday Schedule						
26 CHOL HAMOED SUKKOT 10:00 Exercise Video (T) 10:00 Family Portraits (LW) (by appointment only) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:30 Arts & Crafts (MW) 7:00 Movie (T)	27 CHOL HAMOED SUKKOT 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:15 Sing Along with Stella (MH) 2:15 Word Games (MW) 3:00 Good Reads (MH) 7:00 Jack McCoy's World Update (MH)	28 CHOL HAMOED SUKKOT 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:45 Bingo (MW) 2:00 Advanced Computer Class 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	29 HOSHANAH RABBAH 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:00 Hoshanah Rabbah Program (C) 1:15 Crosswords (MW) 1:30 Creative Arts with Kristen (MW) 3:00 Bingo (MH)	30 SHEMINI ATZERET	*** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES	
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LEGEND:

Chapel (C)
 Fitness Center (F)
 Heller Card Room (CR)
Heller Multi-Purpose Room (MH)

Theater (T)
 Weston Game Room (WG)
 Weston Lobby (LW)
Weston Multi-Purpose Room (MW)