

## B'NAI BRITH HOUSING

SEPTEMBER

VOLUME 2

### ALL THE NEWS THAT'S FIT TO PRINT

September is the month of honey. The name "honey" comes from Hebrew and means "enchant." It is used both as a culinary sweetener; but many also consider it for healing and medicinal treatments. Honey goes back 150 million years. It is indicated in the Egyptian hieroglyphics. It shows up in the Hittite code. Honey was used in most households as a sweetening agent. The Egyptians really valued honey and used it as a tribute or payment; or, to feed sacred animals. In India, it's seen in their sacred writings known as the Vedas

In fact, it is mentioned in the bible in the Old Testament indicating that the best place to live is in a "land of milk and honey". At that time it meant the area known today as Palestine and Israel. The Romans and Greeks referred to it as food fit for the gods. Some feel ambrosia is honey. One Greek custom was to offer honey to the Gods and to dead spirits. They also made a honey wine called mead. The Norsemen also wrote about its wonders. Around the 11th Century, German peasants were required to give their feudal lords a

payment of honey and beeswax. By the time the American colonies were set up in the 17th Century, honey was used for many things: food preparation, in beverages and cement, to preserve fruits, in furniture polish, varnish and for medicinal purposes.





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***Contact may be made through the website: [www.doroutusa.org](http://www.doroutusa.org) or by calling Fran Rod at (973) 763-1511***



Maria Goldberg—9/4

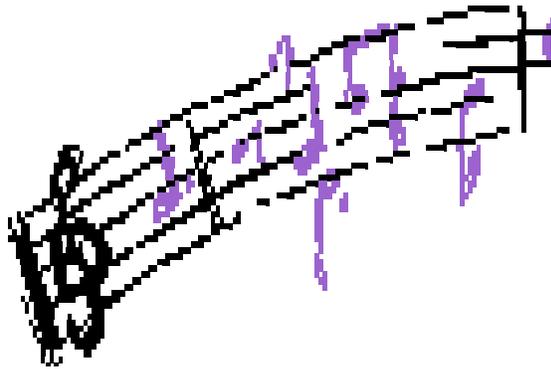
Hy Kroll—9/6

Ruth Littman—9/9

Jean Gluck—9/9

Rita Griggs –9/11

Stefan Czymianski –9/25



## A SPECIAL EVENING

On Wednesday evening, Aug. 11th the residents of B'nai Brith were treated to a musical program, a "2nd Avenue Revue".

Music was provided by Alan Lehman on the clarinet and Don Warren on the accordion. They played Yiddish music and some old standards. They played a little trivia about their music and gave a little background to some of the songs.

Everyone enjoyed the program and Alan will call me when he returns from a winter in Florida so that we can have a return engagement.

Refreshments were served.



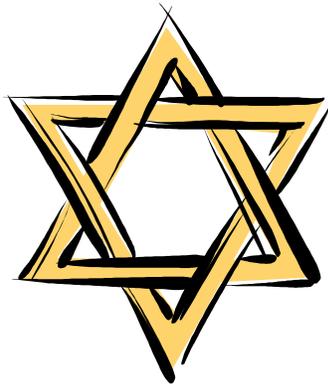
## PLEASE SAVE THESE IMPORTANT DATES

WEDNESDAY, SEPT. 15, 2010—MARYANN  
WILL BE GIVING FLU SHOTS FROM 1:00-4:00  
PM

JCHC UNIVERSITY RETURNS BEGINNING OC-  
TOBER 11TH. TRANSPORTATION WILL BE  
PROVIDED SO THAT YOU CAN ATTEND  
CLASSES IN ANY BUILDING..

SUNDAY, NOVEMBER 21, 2010—THE JVS  
MATURITY EXPO WILL BE HELD IN WHIP-  
PANY FROM 10:00 AM—4:00 PM. FAMILY  
MEMBERS ARE INVITED.

***MARK YOUR CALENDARS***



***SINCERE CONDOLENCES TO***

***THE FAMILY OF***

***SOLOMON ZAPOLSKY***

***MAY HIS MEMORY BE FOR A  
BLESSING***