

AUGUST 2010

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Exercise Video (T) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Movie (T)	2 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:15 Errands (Trip) 1:15 Sing Along with Stella (MH) 3:15 Word Games (MH) 7:00 Entertainment: Music by Hal Brister (MH)	3 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:15 Shiru Na Concert (MH) 2:00 Advanced Computer Class 2:15 Bingo (MW) 3:30 Discussion with Dolly (MH) 7:00 Introduction to Hebrew : Reading and Conversation (MH) 7:00 Movie (T)	4 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 1:15 Crosswords (MW) 1:30 Bible Study (MH) 3:15 Travels with Bernie: Canyon Lands (T) 7:00 Bingo (MH) 7:00 Movie (T)	5 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 11:00 Current Events (MH) 1:15 Adult Education Series: The Great American Songbook Part I (T) 2:30 Trivia Challenge (MW) 3:00 Movie with a Message: Grey Gardens (T) 7:00 Movie with a Message: Grey Gardens (T)	6 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (MW) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 1:30 Canasta with Roz (CR) 2:00 Scrabble (CR) 3:00 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C)	7 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T)
	8 10:00 Exercise Video (T) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Entertainment:: Joel & Francine Perform The American Composers of Popular Music (MH)	9 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:30 Ethics Discussion (MH) 3:15 Word Games (MW) 7:00 Heller Tenants' Association Meeting (MH) 7:00 Movie (T)	10 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 1:00 Beginner Computer Class 1:15 Century 21 Morristown (Trip) 1:45 Bingo (MW) 2:00 Advanced Computer Class 3:15 Discussion with Dolly (MH) 7:00 Introduction to Hebrew : Reading and Conversation (MH) 7:00 Movie (T)	11 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 1:15 Crosswords (MW) 1:30 Bible Study (MH) 2:30 Bill Levy Presents: Hollywood Biographies I (T) 3:30 Arts Unbound (MW) 7:00 Bingo (MH) 7:00 Movie (T)	12 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 11:00 Current Events (MH) 1:15 Adult Education Series: The Great American Songbook Part II (T) 1:00 Stroke Screening (MH0**) 2:30 Board Games (MW) 7:00 Movie (T) ** Stroke screening from 1 to 4 P.M. Registration required, see flyer for details	13 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (MW) 11:00 Pathmark (Trip) 1:15 Parsippany Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 1:30 Canasta with Roz (CR) 2:00 Scrabble (CR) 7:15 Shabbat Services (C)	14 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Trivial Pursuit (MW) 7:00 Movie (T)
	15 10:00 Exercise Video (T) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Movie (T)	16 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:15 Errands (Trip) 1:15 Sing Along with Stella (MH) 3:15 Word Games (MW) 7:00 Jack McCoy's World Update (MH)	17 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:45 Bingo (MW) 2:00 Advanced Computer Class 7:00 Introduction to Hebrew : Reading and Conversation (MH) 7:00 Movie (T)	18 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 11:00 JETS (JCC) 1:15 Crosswords (MW) 1:30 Bible Study (MH) 3:30 Arts Unbound (MW) 7:00 Bingo (MH) 7:00 Movie (T)	19 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 11:00 Current Events (MH) 1:15 Adult Education: Chaim Lauer: Jewish Surprises (MH) 3:00 Weston Resident Council (MW) 7:00 Entertainment: Ron Romaine plays Guitar and Sings (MH)	20 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (MW) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:15 Dancing with Donna Marie (MH) 1:30 Canasta with Roz (CR) 2:00 Scrabble (CR) 2:15 Judy Ebright Presents: The Art of Glass (T) 7:15 Shabbat Services (C)	21 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Bananagrams (MW) 7:00 Movie (T)
							
							
							
							
							

AUGUST 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:00 Exercise Video (T) 1:00 Pet Therapy (LW) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Entertainment:: Harriet Steinberg Presents Popular Music from Classical Roots (MH)	23 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:30 Ethics Discussion (MH) 3:15 Word Games (MW) 7:00 Movie (T)	24 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 1:00 Beginner Computer Class 1:45 Bingo (MW) 2:00 Advanced Computer Class 7:00 Movie (T)	25 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 12:45 Heller Birthday Party (MH) 1:15 Crosswords (MW) 1:30 Bible Study (MH) 2:30 Bill Levy Presents: Hollywood Biographies II (T) 3:30 Arts Unbound (MW) 7:00 Bingo (MH) 7:00 Movie (T)	26 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 11:00 Current Events (MH) 12:45 Weston Birthday Party 1:15 Adult Education Series: The Great American Songbook Part III (T) 3:00 Nosh with your Neighbors (MW) 7:00 Pearl Witkin Presents: A New Beginning (MH)	27 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (MW) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 1:30 Canasta with Roz (CR) 2:00 Scrabble (CR) 7:15 Shabbat Services (C)	28 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T)
29 10:00 Exercise Video (T) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:30 Arts & Crafts (MW) 7:00 Entertainment: Kenny Cunningham Performs (MH)	30 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:15 Sing Along with Stella (MH) 3:15 Word Games (MW) 7:00 Jack McCoy's World Update (MH)	31 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:45 Bingo (MW) 2:00 Advanced Computer Class 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	*** THIS CALENDAR IS SUBJECT TO CHANGE, CHECK DAILY ACTIVITY BOARD FOR ANY CHANGES			

LEGEND:

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| Chapel (C) | Theater (T) |
| Fitness Center (F) | Weston Game Room (WG) |
| Heller Card Room (CR) | Weston Lobby (LW) |
| Heller Multi-Purpose Room (MH) | Weston Multi-Purpose Room (MW) |

