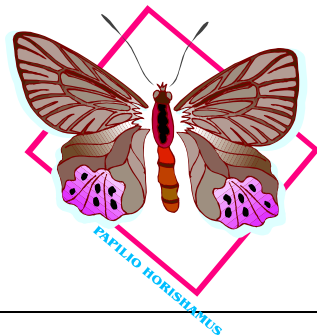
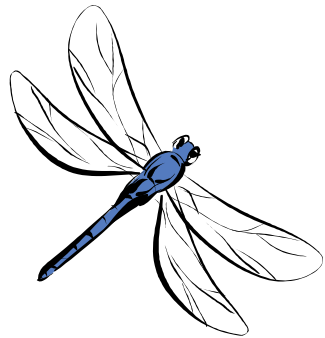


A Little Reminder from the
Business Office Manager.....

All checks
must be made payable to JCHC including
the Hair Salon.

Thank-you
Joan Wesolowski



THE LESTER SENIOR HOUSING COMMU-

NITY

905 ROUTE 10 EAST

WHIPPANY NJ 07981

973-929-2700

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"VISIT OUR VIRTUAL TOUR"

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The Lester Chronicle

JUNE 2010

Challenging the Brain

While those of us here in the Lester community have always known it is never too late to learn, society on the whole is just beginning to find this out. With Lester's institution of an adult education series, we have inspired the greater community around us to jump on this band wagon. JCHC University is now in full swing, serving all five JCHC buildings with opportunities for higher learning.

Has this trend we started spread beyond the Senior community of MetroWest New Jersey? It is starting to, with more

and more opportunities popping up in educational institutions around the country. Is it worth the effort? That is for you to decide, but if you look around Lester, the answer is clear...YES! We may no longer be in the state of mind of text books, notebooks, pens & pencils, and the dreaded examinations, but our minds are expanding.

In this spirit, below are some fun brain teasers. They are all play on words. Give them a try, see if you can guess them all. This challenge may just inspire everyone to try new challenges every day!

- cluck cluck
quack quack
- nv green
- _____ read _____
- \$0 all all all all
- ICE³
- na na fish
- EAVES
- give X 4
get X 4
- spring
summEr
autumN
winTer
- MACBETH
WORDS
- E A P
S P
U A L
- DANCE
A C
N N
C A
E C N A D

Find the answers
on page 2 →



Administrator's Corner

June 2010

Warm weather is upon us and summer is just around the corner. The Lester maintenance team recently replaced all air conditioning filters to ensure your unit runs properly and efficiently. Now would be a good time to test the air conditioning unit in your apartment and ensure it is working properly. If you find that yours is not working as it should, please be sure to notify the Concierge so that it can be repaired in a timely manner.

This past month the first of the newly created JCHC University classes was held in Lester. Many residents were in attendance while Professor Alan Saltzman gave a great class on technology. Please review the Course Catalog attached to this newsletter to learn about future JCHC University classes. I hope you enjoy the course selection and that you take full advantage and attend all of the courses.

Earlier in May we welcomed Lilian Enamorado, the new CBMC Housekeeping Manager. Please continue to communicate housekeeping compliments and/or concerns to the Concierge, who in turn will relay that information to Lilian.

In June we have a number of events that I would like to point out. Firstly, on June 23rd, we will be providing transportation to Riverdale, NY for 'An Evening of Great Jewish Music'. There will be no cost to Lester residents wishing to attend this

event (a \$36 value) however, those wishing to make a contribution should contact me. Also, on Sunday June 27th we will be having our fourth annual Western Day Bar-B-Q. If you missed this event in previous years, I highly encourage you to attend. We plan to have live music and entertainment and fun for the entire family – please be sure to encourage your children, grandchildren and friends to attend as well!

As the temperatures outside are rising, many residents are taking advantage of the Lester outdoor spaces (the benches at the front of the building and the gazebo area in the back). I remind everyone to please be courteous to one another and share the space we have available. Also, if you like spending time outdoors and have a 'green thumb', please feel free to contribute and share your skill in the Resident Garden in the back of the building near the gazebo.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,
Alex Gross
Administrator

Announcement:

Do you have something you want to share with all of Lester Senior Housing? A poem, an editorial, a joke, a quote? All of this and any other thoughts that you want all of Lester to know about can quickly and easily be shared in the Lester Chronicle. Submit your work by the 20th of the month and it may be published!

Questions? Call Jessica - (973) 929-2731
We look forward to hearing from You!

BIRTHDAYS

- Emilie Hammer
- June Miller
- Beatrice Baer
- Ruth Epstein
- Muriel Gelbert
- Harriet Stern
- Madeline Goldberg
- Doris Sholk
- Albert Bornstein
- Anne Romoff

To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.



Answers to Brain Teasers

- 1. "Foul" Language
- 2. Green with Envy
- 3. Read Between the Lines
- 4. Free for All
- 5. Ice Cube
- 6. Tuna Fish (2 na fish)
- 7. Eavesdropping
- 8. Forget and Forget
- 9. A Man (GENT) for all Seasons
- 10. A Play on Words
- 11. A Round of Applause
- 12. Square Dance

Mark your Calendars & Don't miss the Fun:

- * Tuesday, June 1st - Doris Einsbruch will be having a Jewelry show from 1 P.M. to 3 P.M. in the Heller Multi-Purpose Room
- * Tuesday June 1st - B'nai Brith in South Orange will be hosting JCHC University at 2 P.M. on Interpersonal Communication Tending and Befriending, Part I
- * Wednesday, June 2nd - Bill Levy presents the Musical of Lerner and Loewe Part I in the Theater at 2:30 P.M.
- * Thursday, June 3rd - Adult Education Series will begin the PBS Documentary Benjamin Franklin in the Theater at 1:15 P.M.
- * Friday, June 4th - Dynamics with Dolly at 3:30 P.M. in the Heller Multi-Purpose Room
- * Monday, June 7th - Kevin Curry performs for Lester's evening entertainment at 7 P.M. in the Heller Multi-Purpose Room
- * Tuesday, June 8th - Jack McCoy returns for his World Update at 7 P.M. in the Heller Multi-Purpose Room
- * Thursday, June 10th - Chaim Lauer returns for another installment of Lester's Adult Education Series at 1:15 P.M. in the Heller Multi-Purpose Room
- * Thursday, June 10th - Movie with a Message will be showing at 3 and 7 P.M. in the Theater
- * Friday, June 11th - Movie with a Message: Discussion will meet at 3:30 P.M. in the Heller Multi-Purpose Room
- * Sunday, June 13th - New Performer Carol Erickson will entertain at 7 P.M. in the Heller Multi-Purpose Room
- * Monday, June 14th - Brush Up You Yiddish with Rebecca Levine at 1:15 P.M. in the Heller Multi-Purpose Room
- * Tuesday, June 15th - JCHC University at B'nai Brith in South Orange will continue with its second part on Interpersonal Communication at 2 P.M.
- * Wednesday, June 16th - Bill Levy continues the second half of his presentation on the Musical of Lerner and Loewe at 3:30 P.M. in the Theater
- * Thursday, June 17th - JCHC University at Lester Senior Housing, Professor Todd Collins will be presenting on Four Influential Jazz Musicians at 2 P.M. in the Heller Multi-Purpose Room
- * Friday, June 18th - Judy Ebright presents Art in Advertisement at 2:15 P.M. in the Theater
- * Sunday, June 20th - Happy Fathers Day! - JCC's Early Childhood program will be performing at 11 A.M. in the Heller Multi-Purpose Room
- * Sunday, June 20th - Local music instructor Liz Cabrera will be accompanying her Cello students for a concert at Lester for Fathers Day at 7 P.M. in the Heller Multi-Purpose Room
- * Tuesday, June 22nd - Jack McCoy's World Update at 7 P.M. in the Heller Multi-Purpose Room
- * Wednesday, June 23rd - Travels with Bernie presentation on France at 3:15 P.M. in the Theater
- * Wednesday, June 23rd - An Evening of Great Jewish Music concert trip. Sign up with Jessica, in the Activities Office - \$5, First come, first served, Departure for this trip will 6 P.M.
- * Thursday, June 24th - Adult Education series will have a special presentation on Understanding Dementia at 1:15 P.M. in the Heller Multi-Purpose Room
- * Sunday, June 27th - Western Day - Barbeque and Fun for the whole Family from 1 to 4 P.M. In the back of Lester Senior Housing