

## Happy Chanukah

By Bea Freiheiter

It's time to light the Menorah, eight candles, one for each night,  
Watch the flames flicker and shimmer, and dance to our sheer delight.

After, we will spin the Dreidle, where will it go?  
Gimmel, Hay, Nun, or Shin, which one will show?

Gather up the pennies you have won in the game.  
Put them in the Tzedakah box with the charity's name.

I smell Latkes frying, I can taste them on my tongue,  
Please, get the applesauce and sour cream, when will they be done?

Open up the presents -games, gelt, books, and toys,  
Eight nights to enjoy them, oh, what excitement and joy!

It's such a happy celebration, together with family and friends,  
So make the most of every minute, from the beginning to the end.



happy  
hanukkah



THE LESTER SENIOR HOUSING COMMUNITY

903 - 905 ROUTE 10 EAST

WHIPPANY NJ 07981

973-929-2700

WE'RE ON THE WEB WWW.JCHCORP.ORG

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# The Lester Chronicle

December 2010

## Lester Lights

### In Celebration of Aging

We did it! Everyone feel proud!  
Thanks to the various teams, our show,  
"In Celebration of Aging" ran smoothly  
and was a success. I should have be-  
lieved our producer Dolly. She said  
"Everything will be fine!" But you  
know novices!

Thanks to management - Alex, Jessica,  
Joan. Talented Buddy, Marcia, Marci  
and Shirley. Typing skills of Arline,  
Mildred, and Pollyann. Participants:  
our wonderful Stella, Al, choral group,  
and readers [I'd like to name each of  
them]. The writer, and the room ar-  
rangers.

Special thanks to Alex for his support,  
sound system, and beautiful boutinneres.

To Ellen (Shirley's daughter) for her gra-  
cious gift of tote bags. Moisey, Hiram,  
and Val for their hard work setting up the  
seating. Mitch for the decadent chocolate  
dessert. Last but not least the magnifi-  
cent voice and blessing of Rabbi Langer.

My dear readers - I value each one of  
you. Your commitment to reading my/  
your lines. Without you, the show could  
not have gone on.

E. Anne Lipman





# Administrator's Corner

December 2010

Thanksgiving has come and gone, Chanukah is quickly approaching, and before we know it, we'll be welcoming 2011. Time sure does fly around here! Winter is quickly approaching and it's time to unpack your winter gear and make the necessary snow-removal arrangements with Joan in the Administration office.

This past month we held a very special program, "In Celebration of Aging" – which, I'm told by those who have been here far longer than I that it was the most well-attended program in Lester's history. I would like to extend a very special thank you to all of the residents, volunteers and employees who planned and worked on this event. A special thank you is due to Dolly Moser and Anne Lipman who spearheaded this event and turned it from an idea into reality. Many more exciting events are planned for December in celebration of Chanukah as well as early January for the New Year – be sure to review the enclosed Activity Calendar and plan ahead.

As we approach winter, I remind you to follow basic infection-control practices and refrain from leaving your apartment if you're feeling under the weather or have a bad cold. Also, I encourage you to use the hand sanitizers that are mounted near each of the elevators; use them frequently so as to minimize the spread of infection.

Lastly, I wanted to be sure you were aware of the new and improved JCHC website. It can be found by going to [www.jchcorp.org](http://www.jchcorp.org) on your computer. On the left-hand column you'll see a link for Lester Senior Housing. On this page you can find pictures of many different events and activities that took place at Lester – you may even find a picture of yourself! If you have any feedback you would like to share about the site, please be sure to let me know.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,  
Alex Gross  
Administrator



### New Resident Welcomes

**Irving Kaufman Apt.**                      **Jack Baumgarten Apt. 3-K**  
**Norman & Sondra Eider Apt.**        **Joyce Thorner Apt. 3-G**

**To all of Lester's new residents we would like to wish you a warm welcome, and Bruchim Ha Ba'im**

### BIRTHDAYS

- Mordecai Epstein
- Florence Lamb
- Martin Rabinowitz
- Celia Zucker
- Elsa Kaplan
- Elana Schipper
- Leah Miller
- Edythe Granick
- William Hebel
- Milton Peskin
- Helen Weinberger
- Sidney Zane
- Bella Glat
- Maurice Wolpert
- Margarete Meyer
- Pearl Blumberg
- Evelyn Ribakove
- Sidney Stone
- Janet Appel
- Celia Tambor

*To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.*



### Good Reads

A new program designed to suggest and encourage reading. This month will present:

- “Sarah’s Key” by Tatiana De Rosnay
- “The Women” by T.C. Boyle

Monday, December 27th at 3 P.M.  
For more information contact  
Shirley Saland



### University Without Walls To Your Health Series

Brings learning, laughter, friendship and support for seniors in their own home using the telephone.

Check out the website at  
[www.dorotusa.org](http://www.dorotusa.org)

Or call Fran Rod, M.A. at 973- 763- 1511  
Coordinator, Caregivers' Connections/To Your Health Outreach Coordinator, University Without Walls/To Your Health DOROT, Inc.

### Thank You to Lester Senior Housing from Morristown Community Soup Kitchen

The kind and generous donations from Lester Senior Housing Community are greatly appreciated, particularly at this time of year. Since 1984, the Community Soup Kitchen and Outreach Center has been helping the homeless, working poor and elderly of Morristown and surrounding communities by serving meals and providing supportive services 365 days a year. We typically serve over 250 guests per day in a welcoming and safe environment. Anyone is welcome regardless of financial qualifications or religious beliefs. The meal consists of soup, an entree, vegetables, salad, bread, fruit, dessert and beverages. Guests are also welcome to make peanut butter and jelly sandwiches to take with them. In addition, we also offer a take home table where canned goods, fresh fruits and vegetables, and bag lunches and breakfasts are available for our guests to take home and enjoy.

Both the non-perishable goods and monetary donations Lester made help to make these services happen. We thank you very much, and appreciate your effort to help the less fortunate. We look forward to your future consideration for the Morristown Community Soup Kitchen.

~ Community Soup Kitchen and Outreach Center, Inc.

### Announcement:

Do you have something you want to share with all of Lester Senior Housing? A poem, an editorial, a joke, a quote? All of this and any other thoughts that you want all of Lester to know about can quickly and easily be shared in the Lester Chronicle. Submit your work by the 20th of the month and it may be published!

Questions? Call Jessica - (973) 929-2731  
We look forward to hearing from You!

### Announcement:

Are you a leader? Do you like to spend time with friends and neighbors? If you have time on your hands, and looking for something to do, why not be a Lester Volunteer? Help lead programs like crossword puzzles, card games, Bingo, and more! Have an idea for a new program? Become a Lester Volunteer and you can learn how to make that idea happen.

Call Jessica to learn more! (973) 929-2731