

DECEMBER 2010

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday


Saturday

***** THIS CALENDAR IS
SUBJECT TO CHANGE,
CHECK DAILY
ACTIVITY BOARD FOR
ANY CHANGES**

1
EREV CHANUKAH
10:00 Exercise Video (T)
10:30 Exercise with Cindy (MW)
11:00 JCC Older Adults Chanukah Party (JCC)
1:15 Crosswords (MW)
2:30 Bill Levy Presents: The Signature Songs of the Stars Part I (T)
7:00 Bingo (MH)
7:00 Movie (T)

2
CHANUKAH
10:00 Exercise Video (T)
10:00 Creative Arts with Kristen (MW)
10:00 Yoga with Donna Marie (CR)
10:30 Errands (Trip)
11:00 Current Events (MH)
1:15 Mall (Trip)
1:15 Adult Education: Total Hearing Information Session and Screening (MH)
2:30 Arts! By the People: Fine Arts Class (MW)

3
CHANUKAH
10:00 Exercise Video (T)
10:00 Tai Chi (MH)
10:45 Arts! By the People: Creative Writing Class (CR)
11:00 Pathmark (Trip)
1:15 Morris Plains Shoprite (Trip)
1:15 Dancing with Donna Marie (MH)
2:15 Arts! By the People: Art with Sarah (MW)
7:15 Shabbat Services (C)
Shabbat candle lighting: 4:12 P.M. 

4
CHANUKAH
9:30 Shabbat Services (C)
10:00 Armchair Exercise (MW)
2:00 Shabbat Study Group (C)
3:15 Rummikub (MW)
7:00 Movie (T)
Havdalah: 5:15 P.M. 


5
CHANUKAH
10:00 Exercise Video (T)
10:00 Tai Chi (CR)
10:00 Beth Torah 6th Grade Chanukah Party with Lester (MH)
1:15 Dinner & Movie (Trip)
2:00 Bingo (MW)
3:15 Wii Games (WG)
3:30 Arts & Crafts (MW)
7:00 Movie: A Taste of Chanukah (T)


6
CHANUKAH
9:30 Exercise with Cindy (MW)
10:00 Exercise Video (T)
10:00 HouseCalls Presentation: Medicare Updates for 2011 (MH)
10:30 Errands (Trip)
1:15 Supermarket (Trip)
2:00 JCHC University: Aging in Israel (MH)
3:00 Weston CEO Chat with Harold Colton-Max (MW)
7:00 Jack McCoy's World Update (MH)

7
CHANUKAH
10:00 Exercise Video (T)
10:00 Tai Chi (MH)
11:00 Trip
11:00 Advanced Computer Class
1:00 Beginner Computer Class
1:15 Livingston Shoprite (Trip)
1:45 Bingo (MW)
2:00 JCHC University: Computer Technology: Practical Uses (MH)
3:15 Discussion with Dolly (MH)
7:00 Entertainment: Hal Brister Performs (MH)

8
CHANUKAH
10:00 Exercise Video (T)
10:30 Exercise with Cindy (MW)
11:00 JETS (MH)
1:15 Crosswords (MW)
1:30 Bible Study (MH)
3:15 Kushner Hebrew Academy Chanukah Concert & Candle Lighting (MH)
7:00 Bingo (MH)
7:00 Movie (T)

9
CHANUKAH
9:15 Hebrew Academy of Randolph Early Childhood Chanukah Show (Trip)
10:00 Exercise Video (T)
10:00 Creative Arts with Kristen (MW)
10:00 Yoga with Donna Marie (CR)
11:00 Current Events (MH)
1:15 Short Hills Mall (Trip)
1:15 Adult Ed Series: Chaim Lauer: You Are What You Eat (MH)
2:30 Arts! By the People: Fine Arts Class (MW)
7:00 Movie (T)

10
10:00 Exercise Video (T)
10:00 Tai Chi (MH)
10:45 Arts! By the People: Creative Writing Class (CR)
11:00 Pathmark (Trip)
1:15 Morris Plains Shoprite (Trip)
1:15 Dancing with Donna Marie (MH)
2:15 Arts! By the People: Art with Sarah (MW)
3:00 Dynamics with Dolly (MH)
7:15 Shabbat Services (C)
Shabbat candle lighting: 4:12 P.M. 

11
9:30 Shabbat Services (C)
10:00 Armchair Exercise (MW)
2:00 Shabbat Study Group (C)
3:15 Trivial Pursuit (MW)
7:00 Movie (T)
Havdalah: 5:15 P.M. 


12
SUPER SUNDAY
J-TEEN METROWEST @ LESTER
9:30 - 1:30 J-Teen MetroWest Classes at Lester **
10:00 Exercise Video (T)
1:00 Pet Therapy (LW)
2:00 Bingo (MW)
3:15 Wii Games (WG)
3:30 Arts & Crafts (MW)
7:00 Movie (T)


13
10:00 Exercise Video (T)
10:30 Exercise with Cindy (MW)
11:15 Errands (Trip)
1:15 Sing Along with Stella (MH)
3:15 Word Games (MW)
7:00 Heller Tenants' Association Meeting (MH)
7:00 Movie (T)

14
10:00 Exercise Video (T)
10:00 Tai Chi (MH)
11:00 Trip
11:00 Advanced Computer Class
1:00 Beginner Computer Class
1:15 Livingston Shoprite (Trip)
1:45 Bingo (MW)
3:15 Discussion with Dolly (MH)
7:00 Movie (T)

15
10:00 Exercise Video (T)
10:30 Exercise with Cindy (MH)
11:00 JETS (JCC)
1:15 Crosswords (MW)
2:30 Bill Levy Presents: The Signature Songs of the Stars Part II (T)
7:00 Bingo (MH)
7:00 Movie (T)



16
10:00 Exercise Video (T)
10:00 Creative Arts with Kristen (MW)
10:30 Errands (Trip)
11:00 Current Events (MH)
1:15 Mall (Trip)
1:15 Adult Education: PBS Documentary: Hawaii's Last Queen (T)
2:30 Arts! By the People: Fine Arts Class (MW)
3:30 Resident Council Meeting (MW)
7:00 Movie (T)

17
TENTH OF TEVET
10:00 Exercise Video (T)
10:45 Arts! By the People: Creative Writing Class (CR)
11:00 Pathmark (Trip)
1:15 Morris Plains Shoprite (Trip)
1:15 Dancing with Donna Marie (MH)
2:15 Judy Ebright Presents: Winslow Homer's Etchings (T)
7:15 Shabbat Services (C)
Shabbat candle lighting: 4:13 P.M. 

18
9:30 Shabbat Services (C)
10:00 Armchair Exercise (MW)
2:00 Shabbat Study Group (C)
3:15 Bananagrams (MW)
7:00 Movie (T)
Havdalah: 5:17 P.M. 

** Class information and locations will be posted prior to date

DECEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Exercise Video (T) 1:00 Dinner & Movie (Trip) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Entertainment: Dance and Sing with David (MH)	20 10:00 Exercise Video (WG) 10:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 11:00 Collinsville Early Childhood Chanukah Party at Lester (MH) 1:30 Ethics Discussion (MH) 1:15 Supermarket (Trip) 3:15 Word Games (MW) 7:00 Jack McCoy's World Update (MH)	21 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 11:00 Advanced Computer Class 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:45 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	22 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MW) 1:15 Dancing with Donna Marie (MH) 2:15 Crosswords (MW) 3:30 Arts Unbound (MW) 7:00 Bingo (MH) 7:00 Movie (T)	23 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 10:30 Errands (Trip) 11:00 Current Events (MH) 1:15 Mall (Trip) 1:15 Adult Education: PBS Documentary: The Amish: A People of Preservation (T) 2:30 Arts! By the People: Fine Arts Class (MW) 3:00 Movie with a Message (T) 7:00 Movie with a Message (T)	24 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Pathmark (Trip) 1:15 Morris Plains Shoprite (Trip) 2:15 Arts Unbound (MW) 3:00 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 4:16 P.M. 	25 9:30 Shabbat Services (C) 10:00 Armchair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T) Havdalah: 5:21 P.M. 
26 10:00 Exercise Video (T) 2:00 Bingo (MW) 3:15 Wii Games (WG) 3:30 Arts & Crafts (MW) 7:00 Movie (T)	27 10:00 Exercise Video (T) 9:30 Exercise with Cindy (MH) 10:30 Errands (Trip) 1:15 Supermarket (Trip) 1:15 Sing Along with Stella (MH) 2:15 Word Games (MW) 3:00 Good Reads (MH) 7:00 Entertainment: Violinist Tom Aalfs (MH)	28 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 11:00 Trip 11:00 Advanced Computer Class 1:00 Beginner Computer Class 1:15 Livingston Shoprite (Trip) 1:45 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	29 10:00 Exercise Video (T) 10:30 Exercise with Cindy (MW) 12:45 Heller Birthday Party (MH) 1:15 Crosswords (MW) 1:30 Bible Study (MH) 2:15 Arts Unbound (MW) 7:00 Bingo (MH) 7:00 Movie (T)	30 10:00 Exercise Video (T) 10:00 Creative Arts with Kristen (MW) 10:30 Errands (Trip) 11:00 Current Events (MH) 1:00 Weston Birthday Party 1:15 Mall (Trip) 1:15 Adult Education: Ken Burns' America: Brooklyn Bridge (T) 2:30 Arts! By the People: Fine Arts Class (MW) 7:00 Movie (T)	31 NEW YEARS EVE 10:00 Exercise Video (T) 10:00 Tai Chi (MH) 10:45 Arts! By the People: Creative Writing Class (CR) 11:00 Pathmark (Trip) 1:30 New Year's Party with David Aaron Trio (LH) 7:15 Shabbat Services (C) Shabbat candle lighting: 4:21 P.M. 	<h1>Happy New Year!</h1>

LEGEND:

Chapel (C)
 Fitness Center (F)
 Heller Card Room (CR)
 Heller Lobby (LH)
Heller Multi-Purpose Room (MH)

Theater (T)
 Weston Game Room (WG)
 Weston Lobby (LW)
Weston Multi-Purpose Room (MW)



2011

